

HANDY RECYCLING GUIDE

For more information contact Thorntons Recycling at 1850 623 623 or visit www.thorntons-recycling.ie

What you can put in your Green Bin:

- Paper
- All cardboard (clean and dry)
- Steel food cans
- Aluminium drink cans
- All plastic bottles/containers (clean and dry) marked with the following symbols:



- These symbols are visibly marked at the bottom of most plastic bottles/containers

Equally important for recycling is not to contaminate your Green Bin. Please do not put the following in your bin:

- General refuse
- Food waste
- Green or garden waste
- Wet waste
- Nappies
- Polystyrene
- Wallpaper
- Aeroboard/styrofoam
- Fluorescent bulbs
- Refrigeration units
- Televisions
- Lead-acid batteries
- Mercury dry cells
- Oil heaters
- Energy saving bulbs
- Thermometers
- Containers containing compressed gas
- Textiles/clothes

Outlined below are less frequently recycled items which are equally recyclable as your usual items.

Other items you can recycle in your Green Bin are:

Cardboard packaging:

- Used milk cartons
- Phone books and catalogues
- Milk & juice cartons (smoothies and fresh juice)
- Soup cartons (rinsed out)
- Tissue boxes
- Labels/tags from clothing paper

Aluminium:

- Foil takeaway trays
- Clean aluminium foil
- Disposable aluminium baking or food trays

Plastic bottles:

- Shampoo/shower gel bottles
- Window cleaning containers

Plastic bottles (cont.):

- Washing up liquid bottles
- Detergent/fabric softener bottles
- Yogurt drink bottles (no tubs)

Other Plastics:

- Clean and clear plastic wrap/film
- Flexible plastic packaging
- Plastic bags
- Plastic food containers marked with: e.g. salad bowls or clear fruit containers (rinsed out)

Steel packaging:

- Steel food tins
- Soup tins
- Biscuit tins



To find out more visit recyclemore.ie & www.thorntons-recycling.ie

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RECYCLE MORE, RECYCLE BETTER.

If you're a Repak member or a recycler, all of us at Repak would like to thank each and every one of you and encourage you – if you can – to do even more.

See inside for handy tips on how to recycle more and recycle better.

For more information contact Thorntons Recycling on Lo-Call 1850 623 623



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HOW TO RECYCLE MORE, RECYCLE BETTER.

We at Repak would like to remind you of a few things you could do to make your recycling efforts go even further.

Recycle More

- *Recycle More* by doing more of what you are doing and increasing the range of materials you regularly recycle. In particular, learn more about what can be placed in your recycling bin by familiarising yourself with what your contractor will accept in your bin. (See attached list overleaf for often forgotten recyclables.)
- *Recycle more regularly* from other areas of the house other than just from the kitchen. Research shows that 96% of adults recycle regularly from the kitchen but this falls to 35% for the bedroom, 52% for the bathroom, and 20% for the home office or study. By recycling more from other areas around the house, we can increase Ireland's recycling rates.



Recycle Better

When recycling, remember 3 things. Wash, squash and pop!



Wash away any food or liquid residue in plastic bottles, food cans and plastic containers to prevent contamination of other materials from unwanted leftovers.



Then pop it into your recycle bin for collection at your house or to be brought to your nearest recycling facility.



If it squashes – squash it! Materials such as cardboard boxes, plastic milk bottles, detergent bottles, shampoo bottles, Tetra Pak cartons and aluminium cans can all be squashed. This helps you get more into your recycle bin and helps the efficiencies of collections.



To find out about how you can recycle more, recycle better, visit www.recyclemore.ie

Repak is a not for profit packaging recycling scheme, funded by packaging levies on participating member companies. We do not directly recycle or collect materials ourselves but pay subsidies to waste collectors and local authorities to collect used packaging. Since 1998 we have funded the diversion of 4.4 million tonnes of used packaging from landfill.